

MILK SUBSTITUTES FOR CHILDREN WITHOUT DISABILITIES

Milk substitutes for children without disabilities do not require a medical statement. The parent or guardian may request an allowable milk substitute in writing. The request must identify the medical or other special dietary need that restricts the child's diet and the requested allowable milk substitute. Lactose intolerance is not considered a disability.

Note: This written parental request is only allowed for milk substitutes for children *without* disabilities.

Check all those that apply:

Child's diet is restricted due to:

- Lactose Intolerance
- Other dietary reason: _____

MILK

- Avoid as beverage only
- May drink lactose free milk/almond milk
- May drink soy milk

Name of Parent/Guardian: _____

Signature of Parent/Guardian: _____ DATE: _____

What if my child has a serious allergy to milk?

If your child has a disability (such as an allergy to milk which may result in anaphylaxis), a diet order from your physician is required. Please request a Medical Statement for Children with Disabilities. A statement from a recognized medical authority is still required for any meal variations other than milk substitutions for a nondisabled child with medical or other special dietary needs.